

# Training



## Sedulitas

In association with OHTA,  
(Occupational Hygiene Training Association)



**Contact our  
office to book  
your training course**

These modules include:

1. **W201:** Basic Occupational Hygiene Principles
2. Core subjects:
  - **W501** Measurement of Hazardous Substances
  - **W503** Noise - Measurement and its Effects
  - **W505** Control of Hazardous Substances
  - **W507** Health Effects of Hazardous Substances
3. Optional subjects:
  - **W502** Thermal Environment
  - **W504** Asbestos and Other Fibres
  - **W506** Ergonomics Essentials

Sedulitas is an approved OHTA Course Provider and offers Occupational Hygiene Training Modules to promote improved standards of occupational hygiene practice and to train hygienists to an internationally accepted and recognised standard.





**Sedulitas**  
PEOPLE | PASSION | PRECISION

In association with OHTA,  
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**Offers the W201 Occupational Hygiene Course:**

## **BASIC PRINCIPLES OF OCCUPATIONAL HYGIENE**

Course Duration:	<b>Training presented by a SAIOH ROH over 5 days</b>
Dates:	<i>February 2021 – Date to be confirmed</i>
Venue:	<i>Kathu - To be confirmed</i>
Cost:	<b>R8600-00</b> THIS INCLUDES THE COURSE FEE + TRAINING MATERIAL + EXTERNAL EXAM FEE) <i>Travelling &amp; accommodation costs are for candidates own account..</i>
Registration:	Registration Form and Fee proof of payment to be emailed to <a href="mailto:admin@sedulitas.co.za">admin@sedulitas.co.za</a> or fax: <b>086 546 9599</b> .
Bank Details:	<b>FIRST NATIONAL BANK. Acc No: 62577063284: SEDULITAS CC</b> Branch Code: <b>220830</b> Swift Code: <b>FIRNZAJJ</b> Reference: <b>NAME AND SURNAME OF DELEGATE.</b>

*We reserve the right to cancel the training course should there be insufficient registrations received.*

### The 5-Day Training Course will cover the following:

- ❖ Practical understanding of Occupational Hygiene and the Occupational Hygienist.
- ❖ How to identify potential health hazards and their sources in the workplace.
- ❖ Understand the basics of exposure assessment, measurement processes and control methods to be used in the workplace.
- ❖ How to manage and advise on workplace health issues and manage occupational hygiene programmes as well as be legally compliant with the OHS Act.
- ❖ To provide a foundation in which further in-depth studies of individual occupational hygiene subjects can be undertaken

### What is Occupational Hygiene?

*'Occupational Hygiene is the discipline of anticipating, recognising, evaluating and controlling health hazards in the working environment with the objective of protecting worker health and well-being and safeguarding the community at large. ' IOHA*

### Who should attend?

All Hygienists and all persons involved in the health, safety and/or environmental management of a company, as well as any interested parties are invited to attend.

### Why the need for Occupational Hygiene?

Good occupational hygiene benefits employees and industry by

- ❖ Improving employee's health, lowering social and healthcare costs, and increasing life expectancy;
- ❖ Fewer people leaving employment early through injury or illness;
- ❖ More efficient working processes with technological improvements will boost staff morale and maximize the potential of employees, thus increasing productivity.



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\* COVID-19 PRECAUTIONS WILL APPLY \*\*  
\*\*\* STRICT SOCIAL DISTANCING PROTOCOLS \*\*  
\*\*\*\* WEAR YOUR MASK \*\*

## REGISTRATION FORM

### W201 – BASIC PRINCIPLES OF OCCUPATIONAL HYGIENE

TRAINING DATE & VENUE TO BE CONFIRMED IN FEBRUARY 2021

The training is open to all Hygienists and persons – especially beginners - involved or interested in the health, safety and/or environmental management of a company.

**PLEASE COMPLETE THIS REGISTRATION FORM TO BOOK YOUR PLACE FOR THE FEBRUARY 2021 TRAINING.**

**THIS REGISTRATION FORM AND PROOF OF PAYMENT TO BE EMAILED TO:**

**admin@sedulitas.co.za or fax: 086 546 9599**

ON OR BEFORE 1 FEBRUARY 2021.

NAME OF COMPANY:  
(if applicable)

NAME OF DELEGATE:

JOB TITLE / POSITION:

CONTACT NUMBER:

CELL:

EMAIL:



SEDULITAS is an approved OHTA Course Provider and offers Occupational Hygiene Training Modules to promote improved standards of Occupational Hygiene Practice and to train Hygienists to an internationally accepted and recognised standard.



Certified OHTA courses presented by SEDULITAS are subject to completion as assessed by OHTA, and on passing, OHTA will issue a certificate of Competence in Occupational Hygiene.



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## FURTHER INFORMATION FOR YOU . . .

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The British Occupational Hygiene Society (BOHS) is the awarding and examining body for OHTA modules. The international scheme recognises three levels of qualification:

- **FOUNDATION LEVEL**

- **Foundation Course:**

- **W201: Basic Principles of Occupational Hygiene**

- This is a practical understanding of Occupational Hygiene and the Occupational Hygienist, and how to identify and manage potential health hazards and their sources in the workplace.

- The course is open to all persons – especially beginners - involved or interested in the health, safety and/or environmental management of a company.

- For those who have successfully completed the W201 course and examination, an international certificate in Occupational Hygiene Basic Principles will be issued: Award of Successful Course Completion

- **INTERMEDIATE LEVEL**

- **Intermediate Courses:**

- **W501: Measurement of Hazardous Substances**

- **W502: Thermal Environment**

- **W503: Noise – Measurement and its Effects**

- **W504: Asbestos and Other Fibres**

- **W505: Control of Hazardous Substances**

- **W506: Ergonomics Essentials**

- **W507: Health Effects of Hazardous Substances**

- For those who have successfully completed the technical knowledge and practical skills needed to undertake occupational hygiene in the workplace courses and examinations, the International Certificate in Occupational Hygiene (ICertOH) will be issued.

- **ADVANCED LEVEL** for those who achieve the levels of knowledge and skill expected of a professional hygienist. This normally requires an academic qualification.

For any further enquiries:

[info@sedulitas.co.za](mailto:info@sedulitas.co.za)  
[pjjacobs@sedulitas.co.za](mailto:pjjacobs@sedulitas.co.za)



**SEDULITAS offers comprehensive Health, Safety & Environmental Management solutions including specialised Occupational Hygiene services uniquely tailored for your business**